

HOW TO GET STARTED

CREATE YOUR

family
HISTORY

A decorative flourish consisting of two parallel, slightly wavy horizontal lines.

WELCOME

I'm so glad you're here!

Take this time to create your family history!

Remember, it's not just dates and boring facts. It's your piece of American history – the past and the present moving toward the future.

It's all about the memories.

Your family history has good, bad, happy, and sad.

It's important to know it all.

Start to really celebrate who you and your family are as you remember, write and uncover more.

Your piece of history is part of OUR piece of history ... nothing should be left out. Celebrate and continue to build your sense of belonging in the fabric of our country!

Keep the history alive.

Carmen Wimberley Canthen
#myhistoryourhistory



Things to have Nearby When working on Family History

- ☐ Pictures
- ☐ Objects
- ☐ Memories
- ☐ Composition Book
- ☐ Pens/pencils
- ☐ Phone, computer, laptop, iPads
- ☐ Clear tape
- ☐ Obituaries
- ☐ 5 Senses
- ☐ Emotions

LET'S GET STARTED

We will start with the basics.

The 1st person we will write the basics about is
ourselves. (YOU!)

1. Fill out the family tree worksheet with as many names as you can.
2. Use the My Family Worksheet to write down some basic details about yourself and one generation back (your parents).



Full Name

Date of Birth

Birth Place

Parents Names (include Mother's maiden name)

Education (Elementary, Middle, High, College)

Include Graduation dates and degrees if applicable

Work History (Company, Job, Date)

Full Name

Date of Birth

Birth Place

Marriage(s) - Include full name of spouse, date(s) of ceremony

Children's names (include birth dates, place of birth - hospital and town, date of death)

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NOW WHAT?

You have started the journey. Create or set aside a time to work on this to complete the goal that you set. Don't wait and try to do it all at one time. (I tried to do this before a family reunion in a two-week span and was miserable!)

Bite off one section of life and write that. Keep it in a composition book or notebook. Working on little sections at a time will help you move forward and keep you motivated to keep going.

Encourage someone else in the family to do this with you to help stay accountable. All of our memories won't be the same ones!

Create Your Family History Workshop & Retreat

A 6-Month Journey to Capturing Your Family's Story

Do you have family memories, treasured photographs, and historical details that you want to preserve for future generations? Our 6-month guided workshop will help you organize your research, craft your narrative, and publish a beautiful book to share with your loved ones.

WRITE YOUR LEGACY.

PRESERVE YOUR HISTORY.

FIND OUT MORE

ADMIN@RESEARCHANDRESOURCE.COM



CONTACT



Carmen Wimberley Cauthen

Research and Resource

919-737-1955

carmen@researchandresource.com